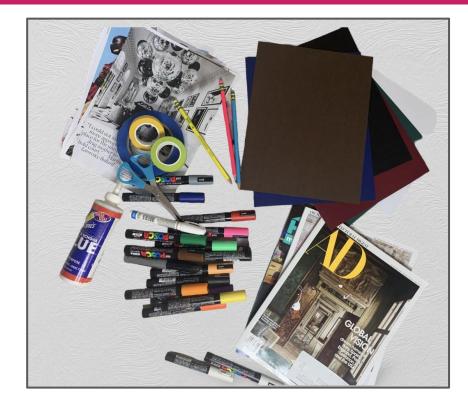
1. Gather your materials

- Magazines
- Colored paper or cardstock
- Sticky paper
- Colored tape
- Scissors
- Markers
- Glue
- Elastic string
- Stickers
- Any other items





2. Start building your mask

Step 1: Take your large colored paper and fold in half (portrait).



Step 2: Cut 1-2" at center line at both top and bottom. (We will overlap and attach them at the end to make the mask 3D.)

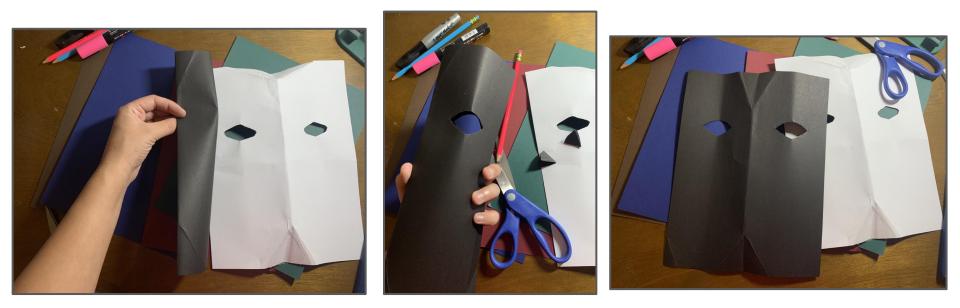


LOOKING AT AND BEYOND THE MASK: IDENTITY EXPLORATIONS
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3. Continue building mask by cutting eyes out

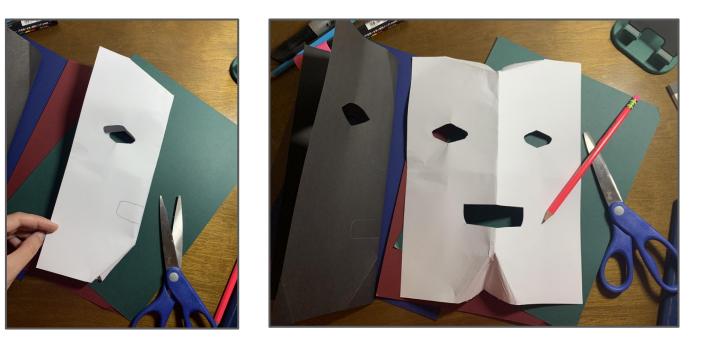
Step 3: Fold paper in half again and cut out 2 semi-circles, 1 on each side for the eyes.





4. Keep going, now for the mouth

Step 4: Cut out the mouth by folding in half and cutting out a rectangle.





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5. Gather your materials to start creating your interior/exterior mask

- Here you can begin to cut out shapes, draw images, use colors, and write words to add to your mask.
- Refer back to your list of ideas of self. *Let that motivate you.*





6. Put it all together!

- Start gluing, drawing, or taping your visual ideas onto your mask. Going back and forth to your list and flipping the mask over to add to each side. The outside of the mask is what you show to the world. The inside of the mask is what you keep to yourself.
- Remember: It does not have to make sense to anyone but *you*.





7. Make it 3D

Overlap the two parts of the mask you cut at the beginning and staple them together to make the mask 3D.





8. Lastly, add that elastic string!



Poke 2 holes on each side by the ear with a sharp pencil then tie a knot or staple string on each side.



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