

Plan and Create a Photo Journal

What is a photo journal?

A photo journal is a visual diary or record that uses photographs, often accompanied by text, to document and narrate experiences, events, or periods of time. It is a way to capture moments, emotions, and stories through images, offering a personal and creative way to preserve memories or convey a narrative.

You will create a photo journal which will be viewed by others.

1. **Step 1:** *Plan your photographs*

- a. Your photo journal should have at least 5 pages featuring at least 5 photos (at least one photo for each topic). Each page will focus on a topic related to your identity. Use the Photograph Planner attached to help you determine what images you might wish to capture to tell your story.
- b. As you plan out the 5 topics for your photographs, refer back to the Exploring My Identity worksheet completed at the start of this lesson.

2. **Step 2:** *Take your photographs*

- a. Use a smartphone, camera, or other device to take photos based on your photograph planner. New ideas may occur to you as you take photos. You can use these ideas, as well.

3. **Step 3:** *Curate your photographs*

- a. Curation is the process of selecting photographs that best tell your story. To help you decide which photos to select, ask yourself the following questions:
 - i. Does this photo connect to the topic?
 - ii. Does this photo tell a story about me that I want to share with others?
 - iii. Does this photo help others understand or learn something about my identity?
 - iv. Is this photograph visually interesting?

4. **Step 4:** *Arrange your photographs in your electronic or paper journal*

- a. **Optional:** Add decorative elements and words to compliment your photographs.

Photograph Planner

Name _____

Topic 1: Self-Portrait	
Parts of my identity I will share	What I want viewers to discover about my identity
Photograph ideas	

Topic 2: Relationships	
Parts of my identity I will share	What I want viewers to discover about my identity
Photograph ideas	

Topic 3: Home/Neighborhood	
Parts of my identity I will share	What I want viewers to discover about my identity
<div>Photograph ideas</div>	

Topic 4: Groups/Organizations	
Parts of my identity I will share	What I want viewers to discover about my identity
<div>Photograph ideas</div>	

Topic 5: Larger World	
Parts of my identity I will share	What I want viewers to discover about my identity
<p>Photograph ideas</p>	